



SunBridge School

OCTOBER 2022

Monday Breakfast
Golden Grams Cereal
Fruit
100 % Fruit Juice
Milk Choice

Tuesday Breakfast
Pop-Tart
Granola Bar
Fruit
100 % Juice
Milk Choice

Wednesday Breakfast
Cinnamon Toast
Cereal
Fruit
100 % Fruit Juice
Milk Choice

Thursday Breakfast
Muffin
Fruit
100 % Juice
Milk Choice

Friday Breakfast
Bagel/w jelly
Fruit
100% Juice
Milk Choice

26
Taco with
Taco Sauce
Lettuce
Corn
Juice
Milk

27
Hamburger
Ketchup & Mustard
Mac & Cheese
Carrots
Juice
Milk

28
Popcorn Chicken
Ketchup
Wedge Fries
Fresh Broccoli
Juice
Milk

29
Turkey Salami, Turkey
Breast Sandwich on
Wheat Bread
Mustard
Potato salad
Juice
Milk

30
Mini Corn Dogs
Ketchup
BBQ Beans
Green Beans
Juice
Milk

Milk Choice
1% White or Chocolate

3
Spaghetti with
Meatballs and
Tomato Sauce
Fresh broccoli
Juice
Milk

4
Cheese Pizza
BBQ Beans
Salad
Ranch
Juice
Milk

5
Chicken Tenders
Ketchup
Wedge Fries
Carrots
Juice
Milk

6
Sloppy Joe
Corn
Juice
Milk

7
Pizza Quesadilla
Green Beans
Carrots
Juice
Milk

Halloween Fun Facts!

- *Skittles is America's favorite candy
- *Candy Corn is America's least favorite
- *Disney's movie Hocus Pocus was originally called Halloween House
- *Pumpkins are fruits, not vegetables
- *Most lit pumpkins at one time was in New Hampshire with 30,581 pumpkins

10
Pizza Stick
Marinara Sauce
Mixed Vegetables
Juice
Milk

11
Chicken Quesadilla
Salsa
Refried Beans
Juice
Milk

12
Cheese Ravioli
Italian Tomato Sauce
Fresh Broccoli
Juice
Milk

13
Chicken Patty Sandwich
Mayo & Ketchup
Wedge Fries
Corn
Juice
Milk

14
Pepperoni Calzone
Carrots
Juice
Milk

17
Beef Hot Dog
Ketchup & Mustard
Corn
Juice
Milk

18
Chicken Patty
Mac & Cheese
Peas
Juice
Milk

19
Pizza Cruncher
Celery Sticks
Peas
Juice
Milk

20
Grilled Cheese
Boston Bake Beans
Fresh Broccoli
Juice
Milk

21
NO SCHOOL!
Teacher Work Day

